# CHEF'S SUGGESTIONS

Soup of the Day (V) - 3

Ciabatta with Prosciutto, Burrata and Homemade Pesto — 6

Roast Vegetable & Avocado Wrap - 5

Roast Tofu, Chickpeas, Coconut & Spices - 9

Whole Wheat Fusilli Salad, Smoked Salmon, Cherry Tomatoes, and Hazelnuts – 12

MACAM Salad, Mixed Lettuce, Cherry Tomatoes, Chicken, Parmesan and Crouton — 11

MBurger, 100% Black Angus Beef, Provolone, Homemade Pickles, Fries and Salad — 12

Chef's Pizza - 14

Sautéed Vegetables — 4.5 Salad — 4 Rice — 3 Potatoes — 3.5

# THE BREAD WORKSHOP

Our bread... is bread with life, bread that nourishes. It's 100 per cent made with miller's flour and 100 per cent mother dough. From rye bread to baguettes, the dough rises for 24 to 48 hours so that all the healthiest nutrients from the cereals reach you.

Try it here or take it home with you!

	500-700g	60-90g"
Brioche Loaf	3.5	0.85
Cornbread	4	
Wholemeal Bread	4.5	0.9
5 Seed Bread	4.9	1
MACAM Bread	5.5	
Rye Bread	5.5	
	200g-300g	g 60-90g*
Baguette	1.8	0.9
Focaccia	2.5	

\*Add Homemade Compote – 0.5 Cheese or Ham – 1 Cheese and Ham – 2

# VIENNOISERIE & PASTRIES

A pastry shop with an intention, an intention to offer the best and most creative product. Everything you taste in our window is 100 per cent made here at MACAM, from brioche to Paris Brest.

Delight yourself with our Art!

Dry Cakes - 0.8

Dry Cakes (Packaged) - 5.5

Oatmeal -1.1

Muffin - 1.8

Gluten-Free Chocolate Muffin - 1.4

Pastel de Nata — 1.4

Cookies - 1.7

Cinnamon Roll - 2

Verrines of the Day - 2

Flaky Croissant \* - 1.95

Slice of Cake - 2.5

Greek Yoghurt & Granola - 2.5

Tartlet - 4.2

Choco Gold - 5.5

Brownie – 4.5

Paris-Brest - 5

\*Add Homemade Compote – 0.5 Cheese or Ham – 1 Cheese and Ham – 2

### **SAVORIES**

Portuguese Fish Cake — 1.8 Meat Croquettes — 2 Chicken Empanada — 2 Vegetable Empanada — 2.2 Quiche — 2.5

# **KIDS**

Mini Soup of the Day — 2.2 Crispy Nuggets with Sweet Potato Fries — 8.5 Fish Fillet with Carrots and Broccoli — 9 Pizza di Bambini — 9 Mini Kids — 3

### **COFFEE**

$$\label{eq:continuous} \begin{split} & \operatorname{Espresso} - 1.5 \\ & \operatorname{Decaffeinated} - 1.6 \\ & \operatorname{Macchiato} - 2 \\ & \operatorname{Americano} - 2.5 \\ & \operatorname{Cappuceino} - 3.5 \\ & \operatorname{Latte} - 3.5 \\ & \operatorname{Hot Chocolat} - 3.5 \end{split}$$

### TEA

English Breakfast — 2.5
Earl Grey — 2.5
Mint Tea — 2.5
Camomile — 2.5
Amália (inspired by the fado singer) — 2.5

# WATER

Still Water 50cl — 2 Sparkling Water 25cl — 2 Still Water 1l — 3 Sparkling Water 75cl — 4 San Pellegrino 50cl — 4

# NATURAL JUICES & SMOOTHIES

Lemonade -3Juice of the Day -4Fresh Orange Juice -4Orange & Carrot Juice -4Spinach & Apple Detox Smoothie -5Watermelon, Ginger & Spinach Smoothie -5

### **KOMBUCHA**

Lemon & Ginger — 6 Tumeric & Pepper — 6 Hibiscus — 6

### **NECTAR JUICES**

Pear 20cl — 2.5 Tomato 20cl — 2.5 Orange 20cl — 2.5 Apple 20cl — 2.5

### ICE TEA

Lemon - 3

Peach - 3

Mango - 3

# **SOFT DRINKS**

Seven Up - 3

Orange Soda - 3

Coca-Cola - 3

Coca-Cola Zero — 3

Le Tribute Ginger Beer — 4

Le Tribute Olive and Lemonade  $-\,4$ 

Le Tribute Pink Grape Fruit — 4

# **TÓNIC WATER**

Three Cents Dry Tonic — 2 Le Tribute — 4

### WINE BY THE GLASS

Terra do Demo Sparkling — 6 Mainova White — 7 Vinha da Vidigueira Rosé — 7 Barranco Long Privet Red — 7

### **BEER**

Super Bock non-alcoholic — 4
Super Bock — 4
Somersby — 6
Heineken Imperial 30cl — 5
Monda Rice Beer — 6
West Cost IPA — 6
Robust Porter — 6
Birra Moretti — 6